

College Logo

University Logo

Name of the College.....

Name of University.....

KAMIL-E-TIBB-O JARAHAT
BACHELOR OF UNANI MEDICINE & SURGERY (B.U.M.S.)
SECOND PROFESSIONAL B.U.M.S.

ILMUL SAIDLA WA MURAKKABAT
(UNANI PHARMACY AND COMPOUND DRUGS)
UNIUG-ISM

PRACTICAL RECORD BOOK

Name of the Student :

Institutional Roll No. :

Academic Year:

Department of Ilmul Saidla

UNIVERSITY
LOGO

COLLEGE
LOGO

NCISM
LOGO

COLLEGE NAME.....

APPROVED BY

NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE, NEW DELHI

AFFILIATED TO

UNIVERSITY NAME.....

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BACHELOR OF UNANI MEDICINE & SURGERY (B.U.M.S.)

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**ILMUL SAIDLA WA MURAKKABAT
(UNANI PHARMACY AND COMPOUND DRUGS)**

UNIUG-ISM

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Name of the Student :

Unique AYUSH ID No :

University Register/ Enrolment No.:.....

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CERTIFICATE

This is to certify that, Mr./Mrs./Miss..... (Name of student) bearing Roll No..... and University Register/Enrolment No..... has satisfactorily completed all the Practical of **ILMUL SAIDLA WA MURAKKABAT (UNANI PHARMACY AND COMPOUND DRUGS) UNIUG-ISM** prescribed by the National Commission for Indian System of Medicine as a part of Second Professional B.U.M.S Course.

HEAD OF THE DEPARTMENT

Submitted for the Practical Examination Conducted by
..... (University Name), held on(date) at
.....(College name).

EXAMINERS

Date: -----

Internal: -----

Place: -----

External: -----

INDEX

Sr. No.	Date	Name of Practical	Term	Page No.	Signature of Teacher
1.					
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INSTRUCTIONS & GUIDELINES

General

1. The common format for the practical prescribed by the NCISM is aiming to maintain uniformity among colleges/institutions across the country.

Instructions to Students

2. The student will prepare the practical record book, including the cover page, first inner page, certificate page, and index page as per the format prescribed by the NCISM here.
3. The student will record in the practical record book handwritten immediately after each practical and get the signature of the concerned teaching faculty.
4. The student will use the specific format/template for recording each practical in the practical record book.

Instructions to Teachers/HOD

5. It is the responsibility of the department to conduct practicals as per the list, schedule, method, etc., specified in the curriculum.
6. The teacher must instruct the student to record his/her work as per the specific format prescribed by the NCISM here (**List of practical and format reference are enclosed herewith**).
7. After each practical, the concerned teacher must verify the completion of the record work and put the signature in the index page.
8. The certificate page of the practical record will be certified and signed by the concerned head of the department along with the departmental seal at the end of the session.
9. Normal values or any other important information confined to the subject, if any, may be printed in the last pages.

Guidelines specific to the subject

10. Preparation of at least 10 Murakkabat (One Each from a Different Category).
11. If needed, use an extra sheet and attach it to this book, duly signed by the class teacher on each extra page.
12. Draw a neat and clean diagram wherever required.

List of Practical and Reference Format

S. No	Name of practical	Term	Objective	Practical hrs	Format Reference
1	Demonstrate the methods of drying	1	Drying of crude and compound formulations	2	I
2	Demonstrate the method of size reduction	1	Powdering of raw materials through traditional and modern equipment	2	I
3	Demonstrate size separation/powder grading through different sieves	1	Size separation of different grades of powder	2	I
4	Analyse the consistency of <i>Qiwām</i>	1	To assess the consistency of <i>Qiwām</i> by traditional and modern methods i.e. Refractometer	2	I
5	Powdering equipment and process	1	Demonstration of Grinding machines, <i>Kharal</i> , <i>Hāwan Dasta</i> , <i>Sil Batta</i> , Sieves of different sizes Powdering process (<i>Safūs-i-Advia</i>) <i>Halīla</i> , <i>Maghziyāt</i> , <i>Mastagī</i> , <i>Zāfrān</i> <i>Safūs Chutkī</i> , <i>Safūs Muhazzil</i> .	6	I
6	Distillation equipment and process	1	Demonstration of Distillation apparatus and <i>Qar‘ Anbīq</i> , Preparation of ‘ <i>Arq -i-Ajīb</i> ’ and ‘ <i>Arq-i-Zīra</i> ’	2	I
7	Preparation of <i>Sharbat</i> and <i>Sikanjabīn</i>	1	Preparation of <i>Sikanjabīn-i-Sāda</i> and <i>Sharbat-i-Dīnār</i> , <i>Qiwām</i> measurement by Refractometer	4	II
8	Preparation of <i>La‘ūq</i>	1	Preparation of <i>La‘ūq-i-Khayār Shambar</i>	3	II
9	Preparation of <i>Ma‘jūn</i>	1	Preparation of <i>Ma‘jūn Zanjabīl</i>	2	II
10	Preparation of <i>Jawārish</i>	1	Preparation of <i>Jawārish Kamūnī</i>	2	II
11	Preparation of <i>Itrīfal</i>	1	Preparation of <i>Itrīfal Kishnīzī</i>	2	II
12	Preparation of <i>Khamīra</i>	1	Preparation of <i>Khamīra Banafsha</i>	2	II
13	Preparation <i>Halwā</i>	1	Preparation of <i>Halwā Bayḍa Murgh</i>	2	II
14	Preparation <i>Ḍimād</i>	1	Preparation <i>Ḍimād Baras</i>	2	II
15	Preparation of <i>Marham</i>	1	Preparation of <i>Marham Rāl</i>	2	II
16	Preparation of <i>Gulqand</i>	1	Preparation of <i>Gulqand Gulāb</i>	3	II
17	Preparation of <i>Murabbā</i>	1	Preparation of <i>Murabbā Āmla</i>	2	II
18	Preparation of <i>Shiyāf</i>	1	Preparation of <i>Shiyāf-i-Abyad</i>	2	II
19	Preparation of <i>Qayrūtī</i>	1	Preparation of <i>Qayrūtī Ārad-i-Kar’sana</i>	2	II
20	Preparation of <i>Sanūn</i>	2	Preparation of <i>Sanūn Mujalli-i-Dandān</i>	2	II

21	Preparation of Habb and Qurs	2	Preparation of Banādiqul Buzūr, Habb-i-Sūranjān, Habb-i-Bukhār, Qurs al-Kalī, Qurs Dawā' al-Shifā	10	II
22	Preparation of Kushta	2	Preparation of Kushta-i-Sadaf and Kushta-i-Post Bayḍa Murgh	6	II
23	Preparation of Dharūr	2	Preparation of Dharūr Kath	2	II
24	Preparation of Tiryāq	2	Preparation of Tiryāq-i-Pechish	2	II
25	Preparation of Rubb	2	Preparation of Rubbussūs and Rubb-i-Anār	3	II
26	Preparation of Oil	2	Preparation of Ravghan Bādām, Ravghan Bayḍa Murgh and Ravghan Gul.	10	II
27	Demonstration of Capsule Filling Machine	2	Different types of capsule filling process	4	II
28	Preparation of Nutraceutical and Cosmeceutical	2	Preparation of Mā'al-'Asal, Mā'al-Sha'ir, Mā'al-Buqūl and Ubtan	4	II
29	Process 'Amal-i-Tarwīq	2	Demonstration of percolator and Jarr-i-'Alaqi, process of preparing Āb-i-Barg-i-Mako Sabz Murawwaq	4	III
30	Process of 'Amal-i-Tasfiyā (Purification)	2	Tasfiyā (purification) of Āhak, Gil-i-Surkh and Shahad	2	III
31	Process of 'Amal-i-Taş'īd (Sublimation)	3	Process of 'Amal-i-Taş'īd (sublimation) Nawshādar	4	III
32	Method of 'Amal-i-Iqla (Salt preparation)	3	Method of 'Amal-i-Iqla (salt preparation) Namak-i-Chirchita and Namak-i-Turub	3	III
33	Method of 'Amal-i-Ihrāq	3	'Amal-i-Ihrāq of Namak and Sartān	4	III
34	Process of Taḥmīş	3	Process of Taḥmīş of Shubb-i-Yamānī and Ābresham	2	III
35	Preparation of Sirka	3	Preparation of Sirka-i-Shakar or Sirka-i-Angūr	6	II
36	'Amal-i-Tadbīr	3	'Amal-i-Tadbīr of Habb al-Salātīn, Chāksū, Saqmūniya, Ghāriqūn, Azārāqī, Ajawāin, Zīrā, Post Bayḍa Murgh and Halīla	8	III
37	Different Procedures 'Amal-i-Tadhīn, Irghā, Ihrāq, Biryān, Tahmīs, Bisurra Basta, Nīm Kob, Taswīl, Joshānda, Khīsānda and Zulāl	3	Process of 'Amal-i-Tadhīn, Irghā, Ihrāq, Biryān, Tahmīs, Bisurra Basta, Nīm Kob, Taswīl, Joshānda, Khīsānda and Zulāl	10	III
38	Field Visit	3	Visit to Unani Pharmacy	8	IV
Total Hr				140	

Format-I

Name of Practical:

Objective غرض و غایت :

Materials Required ضروری اشیاء :

Procedure طریقہ کار :

Observation مشاہدہ :

Result نتیجہ :

Diagrammatic representation/Illustration تصویری خاکہ

Teacher's remarks (if any)

Teacher's Signature

Format-II

مرکب کی تیاری Preparation of Murakkab

Title: Preparation of -----کی تیاری-----

Sub-Title: Name of the Murakkab مرکب کا نام.....

- Objective غرض و غایت:
- Materials Required ضروری اشیاء :
- Ingredients with quantity اجزاء و مقدار
- Equipment آلات
- Procedure طریقہ کار:(Mention special procedure separately, if any)
- Observation مشاہدہ :
- Result نتیجہ:

Teacher's remarks (if any)

Teacher's Signature

Format III

Various Processes used in Saidla

Name of Process:

Objective غرض و غایت :

Materials Required ضروری اشیاء :

- Equipment آلات
- Drug material دوا :

Procedure طریقہ کار :

Observation مشاہدہ :

Result نتیجہ :

Diagrammatic representation/Illustration تصویری خاکہ

Teacher's remarks (if any)

Teacher's Signature

Format-IV

Field Visit

Name of Field Visit:

Objective:

Location: [Insert Geotag Location]

Date of Visit:

Observations:

Conclusion:

Teacher's remarks (if any)

Teacher's Signature